



Merrill Area Public Schools

1111 N. Sales Street

Merrill, WI 54452

715.536.4581

Fax 715.536.1788

www.mapsedu.org

*** Student Achievement * Community Partnership * Future Success ***

SEIZURE ACTION PLAN

School Year: 2023-2024

Student: _____ Date of Birth: _____

School: _____ Teacher: _____ Grade: _____

Mother / Guardian's Name: _____
Home Address: _____ City / ZIP: _____
Home Phone: (____) _____ Cell phone: (____) _____ Pager: (____) _____
Work Phone: (____) _____ Work Hours: _____

Father / Guardian's Name: _____
Home Address: _____ City / ZIP: _____
Home Phone: (____) _____ Cell phone: (____) _____ Pager: (____) _____
Work Phone: (____) _____ Work Hours: _____

Primary Care Physician: _____ Phone: _____ Hospital: _____
Neurologist: _____ Phone: _____ Nurse: _____

Seizure Description

Seizure Type: _____

Description of Seizure: _____

Possible Triggers: _____

Frequency of seizures: _____ per _____. Last date of seizure was _____

Average Length of Seizure Activity: _____ Usual time of day of Seizure Activity: _____

Average time until Student can return to Regular Activities: _____

Student's reaction to Seizure: _____

Medication

Daily Medication

Name of Medication	Dose	Route	Time of Day	Start Date	Stop Date
1.					
2.					
3.					

Emergency Medication

Name of Medication	Dose	Route	Reason to be given



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SEIZURE ACTION PLAN - CONTINUED

Student: _____ **Date of Birth:** _____

First Aid

1. Keep calm and reassure other people who may be nearby.
2. Don't hold the person down or try to stop his movements.
3. Time the length of the seizure with your watch.
4. Clear the area around the person of anything hard or sharp.
5. Loosen ties or anything around the neck that may make breathing difficult.
6. Put something flat and soft, like a folded jacket, under the head.
7. Turn him or her gently onto one side. This will help keep the airway clear. Do not try to force the mouth open with any hard implement or with fingers. **It is not true that a person having a seizure can swallow his tongue.** Efforts to hold the tongue down can injure teeth or jaw.
8. Don't attempt artificial respiration except in the unlikely event that a person does not start breathing again after the seizure has stopped.
9. Stay with the person until the seizure ends naturally.
10. Be friendly and reassuring as consciousness returns.
11. Offer to call a taxi, friend or relative to help the person get home if he seems confused or unable to get home by himself.

Field trips

School personnel will notify family of all field trips in advance and will take the following:

1. Cell phone
2. Copy of the student's management plan.
3. Emergency medication

Parent / Guardian Authorization

I, the parent / guardian of the above named student, understand the health care services stated in the *Seizure Action Plan* will be performed by designated school staff under the training and supervision provided by the school nurses (a registered nurse). I will notify the school in writing if there are any changes in my child's treatment plan. I will provide the necessary medication that needs to be administered during the school day. The Merrill Area Public School District has my permission to contact the student's physician or their designee about this treatment plan. Copies may be shared with the school nurse, trained school personnel and other authorized personnel. This information will become part of your child's school health record and may be shared with Merrill Area Public School staff, Lincoln County Health Department, bus driver(s) and emergency personnel who are responsible for caring for your child while he/she is attending school, summer school, school based or sponsored events, or in an emergency situation. Lincoln County Health Department does not provide health services or oversight for students during any school-based or sponsored events outside of regular school hours. ("Regular School Hours" are defined as school hours that occur from 8 AM to 3 PM, Monday through Friday, from the first to last day of regular instruction which includes summer school.)

Parent / Guardian Signature: _____ **Date:** _____

Physician Authorization

I have reviewed and approved the *Seizure Action Plan* for the student named above. I understand that designated school district personnel under the training and supervision provided by the school nurse (a registered nurse will perform specialized health care services). I agree to be contacted by the Merrill Area Public School District with regard to this plan. This consent remains in effect through the end of the school year unless it is discontinued or changed in writing.

Physician Signature: _____ **Date:** _____

Physician Address: _____ **Phone Number:** _____

Area below for district use:

Date received: _____ Reviewed by: _____